

# LEARNING STYLES

To find out what your learning is style please go to [www.makingitcount.com](http://www.makingitcount.com) to fill out a free, brief questionnaire.

Learning styles are important because if we know how we learn, we can make our study time much more effective!



## If you learn by seeing... You are a visual learner.

These learners need to see the teacher's body language and facial expression to fully understand the content of a lesson. They tend to prefer sitting at the front of the classroom to avoid visual obstructions (e.g. people's heads). They may think in pictures and learn best from visual displays including: diagrams, illustrated text books, overhead transparencies, videos, flipcharts and hand-outs. During a lecture or classroom discussion, visual learners often prefer to take detailed notes to absorb the information.

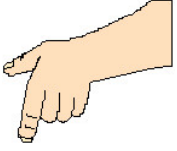
- use visual materials such as pictures, charts, maps, graphs, etc.
- have a clear view of your teachers when they are speaking so you can see their body language and facial expression
- use color to highlight important points in text (highlighter if allowed, or highlighter tape)
- take notes or ask your teacher to provide handouts
- illustrate your ideas as a picture or brainstorming bubble before writing them down
- write a story and illustrate it
- use multi-media (e.g. computers, videos, and filmstrips)
- study in a quiet place away from verbal disturbances
- read illustrated books
- visualize information as a picture to aid memorization



## If you learn by hearing... You are an auditory learner.

They learn best through verbal lectures, discussions, talking things through and listening to what others have to say. Auditory learners interpret the underlying meanings of speech through listening to tone of voice, pitch, speed and other nuances. Written information may have little meaning until it is heard. These learners often benefit from reading text aloud and using a tape recorder.

- participate in class discussions/debates
- make speeches and presentations
- use a tape recorder during lectures instead of taking notes
- read text out aloud
- create musical jingles to aid memorization
- create mnemonics to aid memorization
- discuss your ideas verbally
- dictate to someone while they write down your thoughts
- use verbal analogies, and story telling to demonstrate your point



## **If you learn by doing... You are a tactile/kinesthetic learner.**

Tactile/Kinesthetic persons learn best through a hands-on approach, actively exploring the physical world around them. They may find it hard to sit still for long periods and may become distracted by their need for activity and exploration.

- take frequent study breaks
- move around to learn new things (e.g. read while on an exercise bike, mold a piece of clay to learn a new concept)
- work at a standing position
- chew gum while studying
- use bright colors to highlight reading material (highlighter if allowed, or highlighter tape)
- dress up your work space with posters
- if you wish, listen to music while you study (baroque)
- skim through reading material to get a rough idea what it is about before settling down to read it in detail.

Information adapted from [www.ldpride.net/learningstyles.MI.htm](http://www.ldpride.net/learningstyles.MI.htm)